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SAULT COLLEGE OF APPLIED ARTS & TECHNOLOGY
SAULT STE. MARIE, ONTARIO

COURSE OUTLINE

Course Title: COUNSELLING SKILLS

Code No.: DSW 204-3

Program: DEVELOPMENTAL SERVICES WORKER (D.S.W.)

Semester: THIRD

Date: SEPTEMBER 1988

Author: ED FINN

New: _____ Revision: X

APPROVED: *N. Koch* N. KOCH
Chairperson

June 28/88
Date

PHILOSOPHY/GOALS:

This course is designed to provide the student with an introduction to counselling for use with the developmentally handicapped on an individual and group basis.

1. To develop in the learner the "self as instrument" concept in working with the handicapped.
2. To enable the student to develop specific competencies in counselling the developmentally handicapped.
3. To enhance the learner's development of a feeling of self-worth.

METHOD OF ASSESSMENT (GRADING METHOD):

1. Regular attendance and participation in class. (33 1/3%)
2. Responsible for class notes and reading assignments as well as notes taken from films or videotapes.
3. Midterm and final exams will be given. (66 2/3%)
4. Individual conferences will be held and a grade will be determined.

TEXTBOOK (S): I Ain't Much Baby, But I'm All I've Got
The Greatest Miracle in the World, Og Mandino.
The Inviting Relationship, Wm. Purkey

METHODOLOGY:

1. Lectures: in which the instructor will discuss the concepts used in counselling.
2. Videotapes, films and audiotapes: in which the student will be responsible for notes taken on the material presented.
3. Individual and group counselling experience: in which the student will participate in role playing, simulation, active listening and interviewing.

COURSE OBJECTIVES:

1. The student will identify the principles of mental health for use in counselling.
2. Identify the phases through which many parents of developmentally handicapped children proceed as they adjust to the fact that their child is handicapped.
3. The student will demonstrate the ability to listen, observe, express and interview as it relates to counselling.
4. The student will identify the difference between good and poor counsellors.
5. The student will identify the qualities of a loving human being.

RELATED READINGS:

The student will choose a counselling related book to report on in class.